



WHAT SHOULD I PACK ON THE MICHIGANDER?

*Here are a few tips in packing an efficient bike and duffel.
These are suggestions, your personal needs and preferences may vary.*

For Your Bike...

Carry On	Optional Items	Leave Behind
<ul style="list-style-type: none"> <input type="checkbox"/> Approved Helmet <input type="checkbox"/> Consider a rear view mirror <input type="checkbox"/> 2 Lg. Water bottles <input type="checkbox"/> Seat/handlebar bag <input type="checkbox"/> Windbreaker/rain jacket <input type="checkbox"/> Biking gloves <input type="checkbox"/> Biking shoes <input type="checkbox"/> Patch kit <input type="checkbox"/> Spare tube <input type="checkbox"/> Frame pump <input type="checkbox"/> Bicycle Tools <input type="checkbox"/> Sunscreen <input type="checkbox"/> Lip Balm <input type="checkbox"/> Cash & change <input type="checkbox"/> Snacks <input type="checkbox"/> Identification <input type="checkbox"/> Medical Insurance Card <input type="checkbox"/> Sunglasses <input type="checkbox"/> Patience <input type="checkbox"/> Sense of humor! 😊 	<ul style="list-style-type: none"> <input type="checkbox"/> Bike lock & cable <input type="checkbox"/> Headband/bandana <input type="checkbox"/> Camera & film <input type="checkbox"/> Spare socks <input type="checkbox"/> Hand towel <input type="checkbox"/> Dog biscuits/Halt spray <input type="checkbox"/> Compass <input type="checkbox"/> Baggies (in case you want to cover shoes, computers in rain) 	<ul style="list-style-type: none"> <input type="checkbox"/> Walkman/electronic devices with headphones <input type="checkbox"/> Excess weight (heavy tools, spare parts, etc.) <input type="checkbox"/> Frustrations ☹️

For Your Duffel...

Pack	Leave at Home
<ul style="list-style-type: none"> <input type="checkbox"/> 2-Duffel bags <input type="checkbox"/> Tent & ground cover <input type="checkbox"/> Sleeping pad <input type="checkbox"/> Sleeping bag <input type="checkbox"/> Riding & Casual clothes <input type="checkbox"/> Toiletries (i.e., soap, toothpaste...) <input type="checkbox"/> Towels & wash cloth <input type="checkbox"/> Swimsuit <input type="checkbox"/> Spare gloves <input type="checkbox"/> Flashlight & fresh batteries <input type="checkbox"/> Medication/Aspirin <input type="checkbox"/> Eyeglass prescription <input type="checkbox"/> Prescriptions <input type="checkbox"/> Ear plugs (for snoring) <input type="checkbox"/> Plastic bags (for storing clothes inside of duffel) <input type="checkbox"/> Clothesline/clothespins <input type="checkbox"/> Shower shoes 	<ul style="list-style-type: none"> <input type="checkbox"/> Riding Shoes <input type="checkbox"/> Casual Shoes/Sandals <input type="checkbox"/> Lawn chairs <input type="checkbox"/> Grills <input type="checkbox"/> Spare bikes/wheels <input type="checkbox"/> Stoves <input type="checkbox"/> Flammables <input type="checkbox"/> Hazardous materials <input type="checkbox"/> Fragile items <input type="checkbox"/> Anything that will make your bags exceed 40 pounds of total weight <input type="checkbox"/> Anxieties & hurry-up attitudes

Suggestion for packing your 2 bags: Pack tent, sleeping bag, ground cover etc. in one bag, clothing and personal items in the 2nd bag.